**TIMES**

**Monday – 12-2pm**

**Tuesdays -1030-330 or 1230-5pm**

You can book for these workshops individually or as a whole day. If you are attending the advance Maths please book for Tuesday pm and note your day will start at 1230pm for boxing – please arrive 10 minutes early..

 If your YP is not attending advanced Maths they can be collected at 330pm, or stay until 5pm and login to Ihub First news on their own device (Login can be purchased for £20 for 12 months)- this time will be self-led. Or use our Art station.

**Wednesdays – 1030-330 or 5pm**

If your YP wants to stay on after 330 they can play board games we have or bring their own, practice for the Christmas play, prep for the Christmas fair, Log-in to the Ihub First News, read, self-led artwork whilst Book Club is taking place. Please email me directly to tell me if they are staying until 5pm

**Thursdays – 945 – 4pm**

20 PLACES AVAILABLE FOR THE TERM

**DATES TO NOTE**

Halloween Dressing up day @ 245 - Thursday 28th October

Lyric Pantomime – Thursday 2nd December @ 130pm

Christmas fair – Wednesday 15th December. We are asking our YP to run a stall or 2 with their own creations to sell. Profits will go to Spiritus.

Christmas Play - Thursday 16th December Time: Approx time of show 1030-1130am. Bring friends and family.

Week break – Monday 22nd – Thursday 25th November returning Monday 29th November

Christmas Break Monday 20th December 2021– Thursday 13th January 2022

**DETAILS OF WORKSHOPS**

**SPM** @ Ravenscourt Park Covering Hockey, Basketball, tag Rugby, Football and more………..

**Maths & English** are taught using the classic method of learning which incorporates all abilities. Jodi will tell you if your YP should be foundation or advanced.

**Healing Programme**

Protection and grounding

Numerology

Open up their spiritual gift

Connect with their spirit team and spirit animal

Unicorn cards – to be purchased separately.

Crystals

**Geography & History**

Using the Classical Well-Trained Mind "Story of the World" History curriculum, this project-based class will start back from the ancient times and continue through present day. Students will begin with the very first ancient civilizations as well as the geography as they spread around the world. Each week will have a creative project, map work and a history story.

**Sound Gong Bath** with Tafrina in the afternoon – Self Heal Sounds by Tafrina. Gong practitioner / Sound Therapist / Hypnotherapist / Writer & Poet.

**Book Club**

We will be reading ‘The Untethered Soul’ by Michael A Singer. Please purchase this.

This book gives a very logical insight in how to live a happy life and be open to change and how to understand feelings and work with them. YP will be asked to read all ‘Parts’ by week 5 and to take down notes to talk about in the session.

Our last week we hope to have a visit from our local meditation centre in Kensington

**Drama/Dance** with Don Ray – Founder of Don Ray Academy. We will be working towards a Christmas play to be performed at The Bush Theatre in Shepherds Bush.

**Politics & Sociology** plus visit to Parliament

A fun and interactive look at politics and sociology.  How politics work, the changes the Industrial Revolution have had, not just on Britain but on the world with a particular emphasis on the migration of workers from neighbouring Islands.

Also looking at how the politics of the Industrial Revolution onwards impacted on the world we live in now e.g.  Housing, education, and environmental issues.

We will touch on the 1st and 2nd World Wars in a sociological fashion…..what was the impact of the war on what we see today?

Finally, we will look at some political issues that the young people will themselves have chosen from what they’ve learnt and hear the thoughts of our young people on those issues.

Workshops are delivered in a fun way with lots of debate and interaction engaging even the most reluctant learners.

**Ihub First News**

is available to use at £20 a year per person from this term for a year, if you would like to use this let us know. We will have conversations at Spiritus debating what is going on in the world using First News as a platform.

They will have time to log on at Spiritus if they bring their iPad, and they can login anytime at home.

15 logins are available to purchase.

**Crystal Making Workshop**

YP will be making their own bracelets using crystals with Chelsea Shannon who is actively working in her field. Christmas presents??

**EXTRA NOTES**

Aprons are supplied for Artwork

Trainers are to be worn for all Sports and appropriate footwear for dance

You can bring your own boxing gloves – 12oz are recommended

Note pads needed for all academic subjects and relevant stationery.

Unicorn cards to be purchased for the healing workshop £9.02

[https://www.amazon.co.uk/gp/product/1788174518/ref=ppx\_yo\_dt\_b\_asin\_title\_o00\_s00?ie=UTF8&psc=1](https://www.amazon.co.uk/gp/product/1788174518/ref%3Dppx_yo_dt_b_asin_title_o00_s00?ie=UTF8&psc=1)

Purchase the book for Book Club £10.19

[https://www.amazon.co.uk/Untethered-Soul-Journey-Beyond-Yourself/dp/B006L72DSS/ref=sr\_1\_1?crid=397Q7XGDGILEF&dchild=1&keywords=the+untethered+soul+by+michael+singer&qid=1633469249&qsid=262-5541725-0172139&sprefix=the+untethered+s%2Caps%2C164&sr=8-1&sres=1572245379%2CB07N3182C5%2CB083G6HDRT%2CB08P63TXDG%2CB09BY288C3%2CB09BJSPLTN%2CB083G658BP%2C1684036569%2C912365757X%2C1524864021%2C1683646541%2C1683646401%2C1683646428%2C1683646525%2C1683646460%2C1683646487&srpt=ABIS\_BOOK](https://www.amazon.co.uk/Untethered-Soul-Journey-Beyond-Yourself/dp/B006L72DSS/ref%3Dsr_1_1?crid=397Q7XGDGILEF&dchild=1&keywords=the+untethered+soul+by+michael+singer&qid=1633469249&qsid=262-5541725-0172139&sprefix=the+untethered+s%2Caps%2C164&sr=8-1&sres=1572245379%2CB07N3182C5%2CB083G6HDRT%2CB08P63TXDG%2CB09BY288C3%2CB09BJSPLTN%2CB083G658BP%2C1684036569%2C912365757X%2C1524864021%2C1683646541%2C1683646401%2C1683646428%2C1683646525%2C1683646460%2C1683646487&srpt=ABIS_BOOK)

A tuck shop will be supplied – we will offer gluten free, dairy free, and other items ranging from 20p upwards. They can add their bill up to the end of the week and you can pay via bac on a Friday. We need you to confirm they are allowed to purchase food by email.